REMOVING A MASK

1. Clean or sanitise your hands

2. Only touching the strings, undo the strings. Undo the bottom strings first

3. Remove the mask by pulling away from the face

4. Holding the mask only by the strings, place into a waste container. Do not scrunch the mask

5. Clean or sanitise your hands

Any questions? Talk to our practice staff

Healthy Profession.
Healthy Australia.